

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2020

## Helping Hands: Monday, Tuesday, Thursday & Friday

<p><b>1</b></p> <p>9:30 Friendly Visits 10:00 Rhythm &amp; Moves 10:30 Colouring Group 2:30 Jeweled Hearts</p>						
<p><b>2</b></p> <p>9:30 Mochas 10:00 Sparkling Specs 10:30 Manicures 2:30 Super Bowl Trivia</p> <p><small>Groundhog Day</small></p>	<p><b>3</b></p> <p>9:30 Music &amp; Memory 10:00 Gorgeous Gals 10:30 Heart Links 2:00 Bingo 3:15 Range of Motion</p>	<p><b>4</b></p> <p><b>Volunteer Meeting</b> 9:30 Friendly Visits 9:30 Healing Hands 11:00 Church Service <b>1:30 Family Council</b> 2:00 Bowling 3:15 Paraffin Wax</p>	<p><b>5</b></p> <p>8:00 Breakfast Club 9:30 Tuck Cart 9:30 Java Memory 10:00 I-Pad Visits 10:00 Sparkling Specs 10:30 Valentine Colouring 10:30 Interesting Facts <b>2:00 Music- Ron Allin</b></p>	<p><b>6</b></p> <p>9:30 Salon Social 10:30 Name That Movie 11:00 Reading Group <b>1:30 Tim Horton's Day</b></p>	<p><b>7</b></p> <p>9:30 Friendly Visits 10:00 Rhythm &amp; Moves 10:30 ABC Word Game <b>2:00 Riverview Jammers</b></p>	<p><b>8</b></p> <p>9:30 Friendly Visits 10:00 Rhythm &amp; Moves 10:30 Colouring Group 2:30 Valentines Card</p>
<p><b>9</b></p> <p>1:30 Eraser Hearts 3:00 Hot Chocolate Treats 6:30 Romantic Movie Night &amp; Treats</p>	<p><b>10</b></p> <p>9:30 Music &amp; Memory 10:00 Reading Group 10:30 Trivia 2:00 Bingo 3:15 Range of Motion 3:30 Manicures 6:30 Games Night</p>	<p><b>11</b></p> <p>9:30 Healing Hands 9:30 Sparkling Specs 11:00 Church Service 2:00 Curling 3:15 Paraffin Wax <b>7:00 Christian Reformed Singers</b></p>	<p><b>12</b></p> <p>8:00 Breakfast Club 9:30 Java Memory 9:30 Tuck Cart 10:00 Gorgeous Gals 10:30 Love Trivia 10:30 Colouring Group <b>1:30 Dollarama Outing</b> 3:15 Manicures</p>	<p><b>13</b></p> <p>9:30 Salon Social 10:30 Heart Cookies 11:00 Sparkling Specs 2:00 Valentines Vase 2:00 Armchair travel to Holland (in Retirement)</p>	<p><b>14</b></p> <p>9:30 Sparkling Specs 10:30 Snacks &amp; Colouring <b>10:30 Celebrating our Valentines – Retirement</b> <b>2:00 Music- Ukulele Society</b> <small>Valentine's Day</small></p>	<p><b>15</b></p> <p>9:30 Friendly Visits 10:00 Rhythm &amp; Moves 10:30 Interesting Facts 2:30 Bubble Wrap Hearts</p>
<p><b>16</b></p> <p>1:30 Seasonal Word Games 3:00 Manicures 6:30 Movie Night &amp; Treats</p>	<p><b>17</b></p> <p>9:30 Music &amp; Memory 10:00 Reading Group 10:30 February Trivia 11:00 Colouring Group 2:00 Bingo</p> <p><small>Presidents' Day (US)</small></p>	<p><b>18</b></p> <p>9:30 Reading Group 9:30 Healing Hands 11:00 Church Service 2:00 Bowling 3:15 Paraffin Wax</p>	<p><b>19</b></p> <p>8:00 Breakfast Club 9:30 Tuck Cart 9:30 Java Memory 10:00 Gorgeous Gals 10:00 Healing Hands 10:30 Did you Know 10:30 Puzzling <b>2:00 Michael's Music</b></p>	<p><b>20</b></p> <p>9:30 Salon Social 10:30 Sparkling Specs <b>10:30 Food Comitee Meeting</b> 11:00 Healing Hands 2:00 Bead Sun Catchers 3:15 Puzzling 6:30 Men's Night</p>	<p><b>21</b></p> <p>9:30 Friendly Visits 10:00 Rhythm &amp; Moves <b>10:30 Resident Council</b> 10:30 Manicures 2:00 Soup Can Snowmen</p>	<p><b>22</b></p> <p>9:30 Friendly Visits 10:00 Rhythm &amp; Moves 10:30 Sentence Sense 2:30 Board Games</p>
<p><b>23</b></p> <p>9:30 Music &amp; Memory 10:00 I-Pad Visits 10:30 Manicures 2:30 Parachute</p>	<p><b>24</b></p> <p>9:30 Music &amp; Memory 10:00 Sparkling Specs 10:30 Interesting Facts 11:00 Healing Hands 2:00 Bingo 3:15 Range of Motion</p>	<p><b>25</b></p> <p>9:30 Healing Hands 11:00 Church Service 2:00 Balloon Toss 3:15 Paraffin Wax</p> <p><small>Mardi Gras</small></p>	<p><b>26</b></p> <p>9:30 Friendly Visits 9:30 Tuck Cart <b>11:00 Shopping Trip- Hyde Park</b></p> <p><small>Ash Wednesday</small></p>	<p><b>27</b></p> <p>9:30 Salon Social 10:30 Gorgeous Gals 11:00 Healing Hands 2:00 Noodle Volleyball</p>	<p><b>28</b></p> <p>9:30 Music &amp; Memory 9:30 Friendly Visits 10:00 Sparkling Specs 10:00 Rhythm &amp; Moves 10:30 Puzzling 10:30 Interesting Facts <b>2:00 Birthday Party</b></p>	<p><b>29</b></p> <p>9:30 Friendly Visits 10:00 Rhythm &amp; Moves 10:30 Word Scramble 2:30 Paper Mache Balloon Craft</p> <p><small>Leap Day</small></p>